Location: Thomas Worthington High School, 300 West Dublin Granville Rd. Worthington OH 43085

Director: Amy Glasgow twhswrestlingsec@gmail.com

All registration conducted online at register.ohioathletics.com. No walk-in Registrations.

Registration Closes at 10 pm January 16, 2020, or when capacity is met. Early registration is advised to secure a spot.

Weigh-In
All wrestlers are required to upload a headshot picture ID to their account, print it and bring with them (or show from phone) to the weigh in process for this and all OAC Sectional, District and State events.

Weigh-In Date and Times:
Friday, January 17, 2020: 6:00 PM – 7:30 PM (All Divisions) Friday Weigh-In Only at Kilbourne Middle School 50 East Dublin Granville Rd Worthington, OH 43085
Saturday, January 18, 2020: 7:00 AM – 8:00 AM (All Divisions) 10:00 – 11:00AM (Divisions III and IV)

Note: All wrestlers must weigh-in wearing a singlet or short sleeve compression shirt & competition performance shorts. They may NOT remove any of the above-mentioned clothing to make weight. No weight allowance is given for the clothing. Wrestlers cannot move up or down a weight class from their registered weight class.

Wrestling Start Time:
Divisions I & II: 9:00 am
Division III & IV: 12:30 pm (or when morning division done)

Entry Fee: $40 if registered 10 days prior to Tournament ($5 Late Fee if within 10 Days)

Admission: $5 (ages 5 and under Free)

Coaching Bands: $10 All Coaches must have a wrist band and must be purchased at the tournament. Only 2 coaches per wrestler at the mat.

Match Rules
(3) 1.5-minute periods Championship rounds / (3) 1-minute periods Consolation rounds
12-point Tech Fall